

# Appliqué Table Runner



## Requirements

Baby Lock Combination Machine  
(Overlocker/Coverstitch)

Machine Needles: EL705CF Size: 14

White Cotton Fabric (Table Runner Centre): 30cm by width of fabric (110cm)

White Cotton Fabric (Backing): 122cm x 45cm

Printed Cotton Fabric (for Appliqué): 15cm by width of fabric (110cm)

**Note: Pattern sheet included for Appliqué Wedge**

Printed Cotton Fabric (for Borders): 35cm by width of fabric (110cm)

Vliesofix: 110cm x 15cm

Fusible Batting: 122cm x 45cm

### THREADS

Maxi Lock Overlocker Thread: 4 x White (32001), 2 x Fuchsia (44834),

2 x Red Poppy (45136), 2 x Emerald (32075)

### DESIGNER THREADS

Pearl: 1 x Mulberry (835), 1 x Lemon (300)

Cameo: 1 x Green (330)

Moonlight: 1 x red (105), 1 x Medium Blue (102)

## Preparation

Cut the Table Runner Centre fabric into 40" x 10 1/4" piece.

Iron the Vliesofix onto the printed appliqué fabric and cut 8 wedge from the pattern.

Cut the printed border fabric into 3 x 4" strips across the fabric width.

Place the appliqué wedges evenly spaced at 2 1/2" apart onto the Table Runner Centre.



Then iron to fuse in place.

When using Cover Stitch and Chain Stitch as a decorative stitch, you will be stitching on the wrong side of the fabric and have a decorative thread in the Chain Looper which will give a decorative stitching edge to your appliqué wedge.

You will need to mark the stitching lines (being each side of the eight wedges for Cover Stitch appliqué) on the wrong side of the Table Runner Centre, also mark another line in between each wedge 1 1/4" from the edge of the wedges including the end ones (this will be for the decorative Chain stitch).

You may require a light box to mark these lines.



Attach the Flat Sole Foot. (note: this is the included foot with the Gloria)  
You will be using a combination of: Narrow, Wide and Triple Cover Stitch  
Chain Stitch

## Cover Stitch:

Set up for **Coverstitch Right Narrow 3mm** with Pearl Mulberry (PL835) in the Chain Looper and Maxi Lock Bright Fuchsia (44834) in the needles.

Needles: C2 & C3  
Stitch Length: 3  
Chain/Cover Needle Tension: 4-5  
Chain/Cover Looper Tension: 0-1  
Differential Feed: N



Stitch down the marking lines each side of two Wedges.

Cut all threads, raise the presser foot and turn handwheel backwards to release and remove the threads.

Leave settings the same and re-thread with Pearl Lemon (PL300) in the Chain Looper and Maxi Lock Sunlight (43402) in the needles.

Stitch down the marking lines each side of two Wedges.

Cut all threads, raise the presser foot and turn handwheel backwards to release and remove the threads.

Set up for **Cover Stitch Wide 6mm** with Moonlight Red (ML105) in the Chain Looper and Maxi Lock Poppy Red (45136) in the needles.

Needles: C1 & C3 (move C2 needle into C1)  
Stitch Length: 2.5  
Chain/Cover Needle Tension: 4-5  
Chain/Cover Looper Tension: 0-1  
Differential Feed: N

Stitch down the marking lines each side of two Wedges.

Cut all threads, raise the presser foot and turn handwheel backwards to release and remove the threads.

**NOTE: if you were not changing threads, when changing from narrow to wide Cover Stitch you only need to move the needle and not re-thread as all Chain/Cover Needles use the same Tension dial.**

Set up for **Triple Cover Stitch 6mm** with Cameo Green (CM330) in the Chain Looper and Maxi Lock Emerald (32075) in the needles.

Needles: C1, C2 & C3  
Stitch Length: 2.5  
Chain/Cover Needle Tension: 4-5  
Chain/Cover Looper Tension: 0-1  
Differential Feed: N

Stitch down the marking lines each side of two Wedges.

Cut all threads, raise the presser foot and turn handwheel backwards to release and remove the threads.

## Chain Stitch:

Set up for **Chain Stitch** with Moonlight Medium Blue (ML102) in the Chain Looper and Maxi Lock Poppy Red (45136) in the needle.

Needles: C2 (remove C1 & C3 needles)

Stitch Length: 3

Chain/Cover Needle Tension: 4-5

Chain/Cover Looper Tenison: 0-1

Differential Feed: 0.8

Stitch on the marking lines between all Wedges, including the lines on the end wedges .

Cut all threads, raise the presser foot and turn handwheel backwards to release and remove the threads.  
Press the Table Runner Centre.

## Four Thread Overlocking:

Set machine up for 4 Thread Overlocking using the Maxi Lock White (32001) in the needles and loopers.

Stitch Selector: A

Stitch Length: 2.5

Stitch Width: 6

Needle: O1 & O2

Differential Feed: N

Note: use the blade as a guide **do not trim** any fabric.

Place a Border Strip to each of the long sides and stitch together - press and trim ends

Cut one Border Strip in half and place one across each end, then stitch together - press and trim ends

Iron the fusible batting to the wrong side of your Table Runner - trim if needed.

Place your backing fabric on top of the Table Runner right-sides together and trim if needed, use Wonder Clips to hold.

**Change** Stitch Width: 7

Presser Foot Pressure: turn clockwise to decrease by 1 click

Stitch around all sides of the Table Runner leaving a 16cm opening on one side.

Turn through, press well and make sure you turn the open seam in.

Cut all threads, raise the presser foot and turn handwheel backwards to release and remove the threads.

## Chain Stitch:

Set up for **Chain Stitch** with Maxi Lock White (32001) in the needle and Chain Looper.

Needles: C3

Stitch Length: 4

Chain/Cover Needle Tension: 4-5

Chain/Cover Looper Tenison: 4

Differential Feed: N

Top stitch around all the edges of the Table Runner using the O1 needle marking on the front of the foot as the guide. When your stitching meets, turn the hand wheel backwards to release the threads and gently remove from under the presser foot holding threads at the same time.

Take all threads to the back, tie off and thread into backing.



***Thank you and we hope you have enjoyed creating the Table Runner.  
FROM THE BABY LOCK TEAM***