

## OVERLOCKED APRON PROJECT



### REQUIREMENTS & PREPARATIONS

90 cm fabric

cut one apron front as per attached pattern

cut one piece 4 1/2" x 19 1/2" (waistband)

cut one piece 3 1/2" x width of fabric then cut in half lengthwise (ties)

cut three pieces 2 1/2" x width of fabric (frill)

1.4 metres narrow satin piping

Baby Lock overlocker

1 spool x Designer Threads Pearl or Cameo

3mm piping foot

Standard or Grooved Foot

4 x spools polyester thread

General sewing supplies (scissor, tape measure etc.)

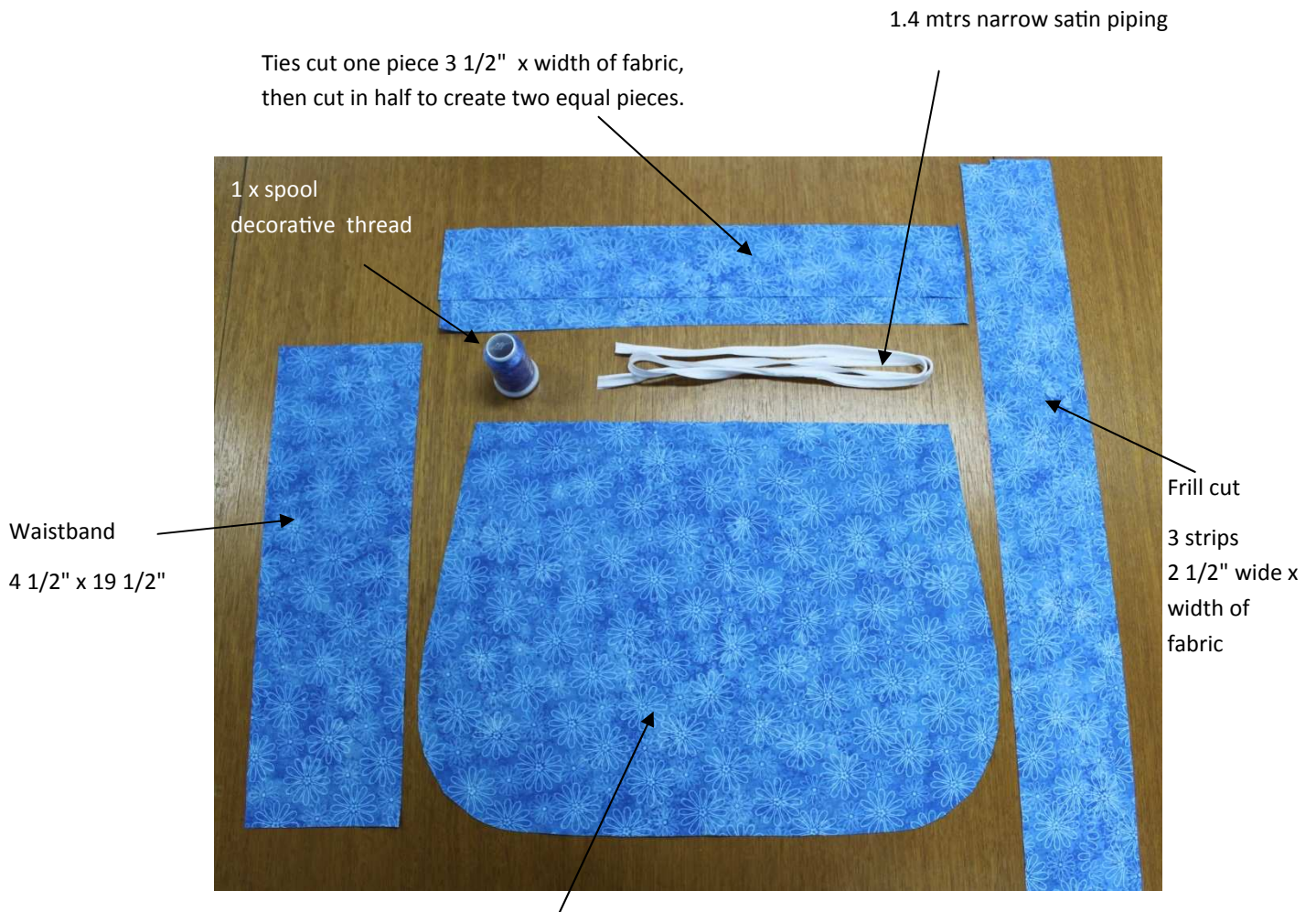
### TECHNIQUES USED IN THIS PROJECT

Gathering

Piping

Decorative Rolled Hem

Overlocked Loop Turning



Apron Front cut as per attached pattern \*enlarge pattern 50% first

**STEP ONE:** Thread overlocker with polyester threads and set the machine to stitch a four thread overlock.

Settings:   Stitch Length    2.5  
               Stitch Width     7.5  
               Stitch Selector   A  
               Differential Feed N

Join frill pieces at narrow ends with right sides together, to make one continuous frill.

**STEP TWO:** Change overlocker settings to a three thread rolled hem using the right needle only, with a decorative thread in the upper looper.

Settings:       Stitch width        M  
                   Stitch length     2 (rolled hem)  
                   Stitch selector    D  
                   Differential feed   N

Roll hem one long side of frill piece and one short end of each tie piece.



**STEP THREE:**

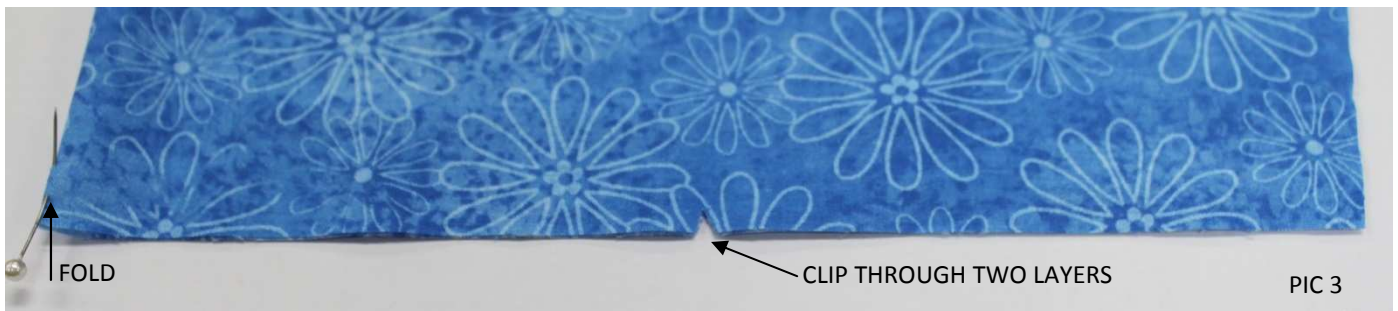
Remove the decorative thread from the overlocker and replace with polyester thread. Re-insert the left needle and re-thread. Set overlocker for gathering

Settings:           Stitch width       7.5  
                           Stitch length     4  
                           Stitch selector   A  
                           Differential feed 2

Gather the remaining long edge of the frill piece.

\*hint do not hold the fabric tight as this will restrict the amount of gather; guide the fabric and let the machine do the work.

For best results ensure the grooved (standard) foot is on your machine.



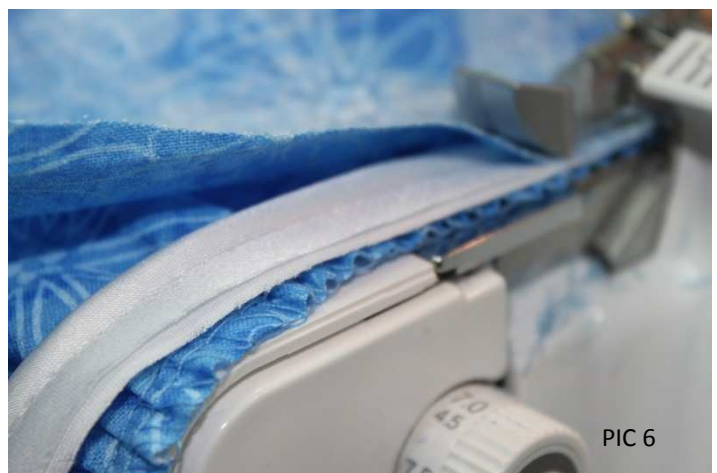
**STEP FOUR:** Find the centre front top of the main apron piece and fold right sides together, fold again bringing centre to raw edges, clip this fold with a small V cut, see pic 3. Gather from one V point to the other V point. The top of the apron should measure approximately 40cm; draw the needle threads up by hand if more gather is required, see pic 4



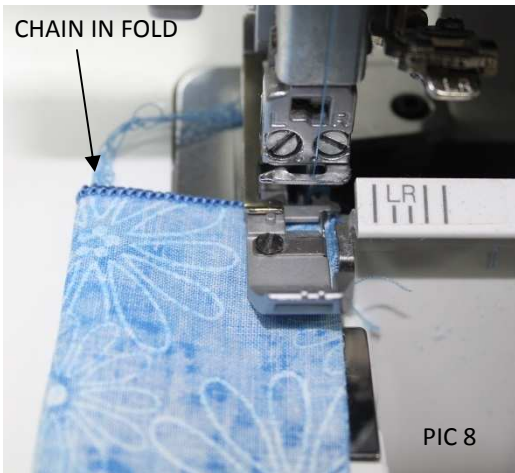
**STEP FIVE:** Adjust settings for a four thread overlock

Settings are:       Stitch width       7.5  
                           Stitch length     2.5  
                           Stitch selector   A  
                           Differential feed  N

Change presser foot to a 3mm piping foot, place apron front and frill right sides together with piping sandwiched in-between the two pieces, see pic 6. Stitch, easing more frill into curves, this will help the frill sit better on the corners.



Apron front should now look like this →

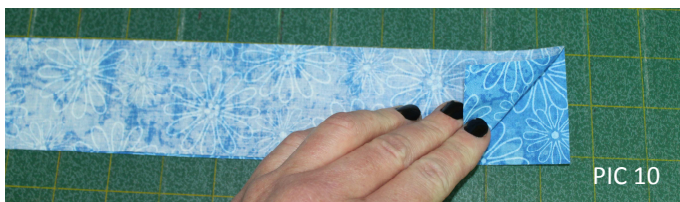


**STEP SIX:** Change overlocker settings to a narrow three thread overlock, remove the left needle.

Settings:                   Stitch width        M  
                                  Stitch length     2.5  
                                  Stitch selector    B  
                                  Differential feed  N

Stitch a piece of chain longer than the length of the tie, fold the tie with right sides together encasing the pre-stitched chain (do not cut the chain from the overlocker ). See pic 8. Stitch the seam closed.

Pull gently on the chain, as a result turning the tie through to right side, see pic 9. Repeat this for the second tie. Finish overlocking chain with hand needle into the seam. Press the tie pieces.



**STEP SEVEN:** Re-insert the left needle and change settings back to a four thread overlock. Fold waistband right sides together, and press (pic 10).

**STEP EIGHT:** Encase apron tie, inside the folded waistband with the seam of the tie pointing down, placing the top of the tie tightly into the fold and aligning the raw edges (pic 11). Overlock seam, turn waistband to the right sides, releasing ties, press waistband flat (pic 12).



**STEP NINE:** Match the centre of the waistband to the centre of the apron front, right sides together. Pin in place, apron front should match the waistband, if not adjust gathers at the centre front to ensure the two pieces match. Overlock this seam and finish the chain securely.

Congratulations you have just completed an apron entirely on the overlocker !

**OVERLOCKED APRON PROJECT**

**APRON FRONT**

**ENLARGE PATTERN**

**200%**



**(FITS ON AN A3 PAGE)**

**CUT ONE ON THE FOLD**

